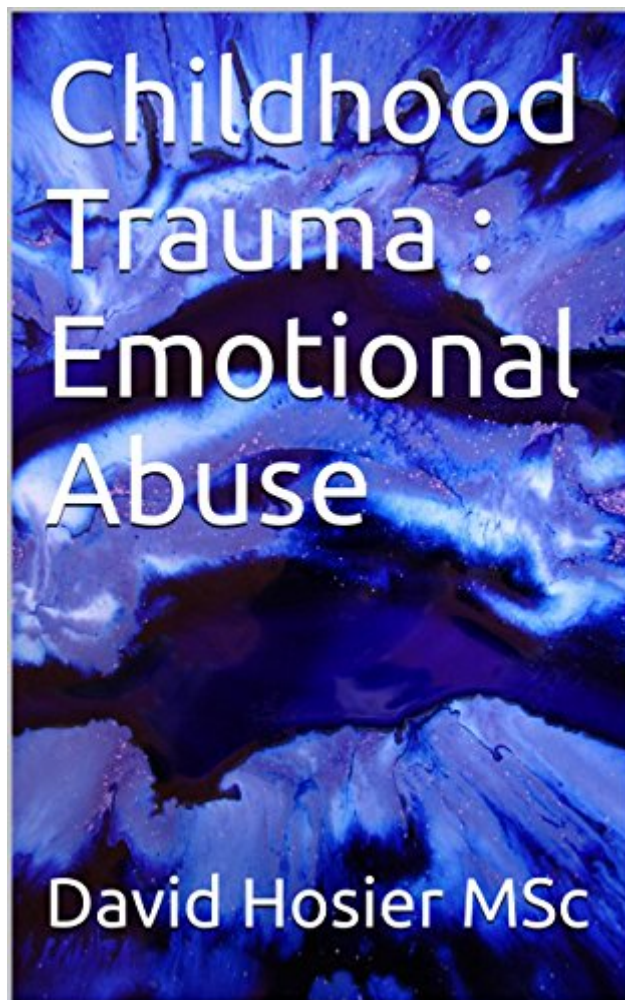


The book was found

Childhood Trauma : Emotional Abuse



Synopsis

A comprehensive set of articles about the effects of emotional abuse in childhood on our adult lives, written in a concise and accessible style. The book comprises 'stand-alone' articles giving the reader the choice between dipping in and out of it or reading it straight through. Written by psychologist David Hosier MSc, who himself experienced severe childhood trauma and is the founder of childhoodtraumarecovery.com. [CLICK ON EBOOK IMAGE TO VIEW CONTENTS.](#)

Book Information

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Adult Children of Alcoholics #250 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting

> Counseling & Psychology > Mental Health > Sexual Abuse

Customer Reviews

One of the best I have read on emotional abuse in childhood. Quick read & very informative about living as a child of a BPD or NPD parent. Excellent examples from personal stories. Helps you see why one truly is affected from this. Not so much as a blame, but why you might logically have severe ramifications from a variety of behaviors that are so insidious & never recognized, yet are extremely damaging to a child. Allows you to see that there are reasons these things alter your life's

outlook. Why it is so damaging. You are not just oversensitive, imagining, or nit-picking. Excellent portion on parents exploiting children, prodigies.

It read more like a textbook and did not flow like a self help book. I was only able to read about a fourth of the way through before I switched over to Toxic Parents, which was amazing.

Helpful

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